



Nursing bulletin

September 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, and best practice on Nursing

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Published Research

**Emotional intelligence training may improve nurses' stress levels, communication skills and emotional intelligence levels, reducing rates of nursing burnout
Evidence-Based Nursing, August 2025**

There is a concerning rise in emotional burnout in the nursing population due to the ever-increasing emotional demand and stress levels of working in healthcare. Emotional intelligence training can be implemented into nurses' continuing practice development and undergraduate nursing courses to improve emotional intelligence, communication skills and stress levels.

Experiences and perceptions of health professionals in using telehealth for managing long-term health conditions

British Journal of Nursing, Volume 34, Number 17

Telehealth is influencing nursing practice in the management of long-term conditions. As digital healthcare tools become embedded within the NHS, nurses play a critical role in delivering remote care, supporting patient autonomy and adapting to evolving models of practice.

"I don't think there's necessarily a one size fits all" negotiating competing priorities in nurse shift scheduling: a qualitative study

BMC Nursing, Vol 24

This study explores how the preferences and constraints of nursing staff, nurse managers, and hospital directors interact to influence shift scheduling decisions within the NHS, aiming to identify strategies that reconcile individual wellbeing with organisational imperatives.

Clinical Skills/Knowledge

All you need to know about the surge in measles cases

Nursing Children & Young People, 37, 5, 10-11

A guide to the spike in cases, vaccine uptake, symptom recognition and infection prevention and control.

Back to band 5: regaining skills after time away

Nursing Management, 32, 4, 8-9

A new programme helps experienced staff refresh clinical skills working with colleagues at band 5. Since qualifying in 1997, Sarah Waite has had a varied career, working as a



cardiology nurse, a senior sister and in management roles. Now, after almost 30 years in nursing and having taken a break, she is back on the floor in a patient-facing role.

Clear and timely communication when a patient is deteriorating

Nursing Standard, 40, 9, 16-17

Getting communication right when a patient is deteriorating is essential for effective and timely care – and getting it wrong can have adverse and long-lasting consequences. Expert nurses share practical advice on sharing information with and about the deteriorating person, to improve safety, outcomes and well-being.

Comprehensive geriatric assessment for older adults in the community

British Journal of Community Nursing, September 2025

A comprehensive geriatric assessment is identified as a gold standard for improving outcomes for older adults in a hospital setting and is recommended for older adult inpatients. However, knowledge gaps remain on comprehensive geriatric assessment conducted in a community setting.

Delivering the best care for patients approaching the end of life

British Journal of Nursing, Volume 34, Number 17

Nursing patients at the end of life is extremely complex and requires emotional intelligence and compassionate care. In this short article, Agnieszka Szydlowska, senior lecturer in adult nursing, outlines some tips for delivering the best care for patients approaching death.

Developing your clinical leadership from day one

Cancer Nursing Practice, 24, 5, 14-15

As nurses, we are all leaders. Leadership is part of your undergraduate training and you are a leader from the moment you first put on your uniform and step into a clinical area. This article contains advice on how to see yourself as a leader in your clinical area, regardless of your role or position in the hierarchy.

How to ensure concerns about patient deterioration are acted on

Cancer Nursing Practice, 24, 5, 10-11

Late or missed recognition of deterioration is associated with worse patient outcomes, including higher mortality. What can nurses do if a patient is deteriorating but their concerns are not being responded to appropriately? Ensuring your concerns about a patient's deterioration are heard is not always straightforward, but there are ways to put your case compellingly.

How to undertake venepuncture in adults

Nursing Standard, August 2025

Venepuncture in adults is one of the most common procedures performed in nursing care. It enables a blood sample to be obtained for laboratory analysis, thereby facilitating crucial diagnostic and treatment processes. It is essential that venepuncture is undertaken correctly to prevent any misleading blood test results and support the provision of high-quality patient care.

Managing Parkinson's disease: understanding the roles of multidisciplinary team members

Nursing Standard, September 2025



Parkinson's disease is characterised by a diverse range of motor and non-motor symptoms that can significantly affect quality of life. Pharmacological and surgical therapies alone are not sufficient to manage the condition and a multidisciplinary team approach incorporating various therapies is essential. This article discusses the roles of various members of the multidisciplinary team.

Risks when administering insulin – and tips on ways to avoid errors

Nursing Standard, 40, 8, 11-13

Most nurses will have administered insulin countless times throughout their careers, but it is not always as straightforward as it looks – and errors are much more common than they should be. Insulin errors can cause severe hypoglycaemia in people with diabetes. Experts explain 'never events' and how to ensure your practice is safe.

Using emotional intelligence to develop and lead collaborative nursing teams

Nursing Management, August 2025

Emotional intelligence is a crucial attribute for effective nursing leadership, particularly in fostering team collaboration in complex healthcare environments. This article explores how emotionally intelligent leadership can support the development of cohesive and high-functioning nursing teams.

News/Blogs/Editorials

[From Class Clown to District Nurse ANP: My Dyslexia Journey](#)

RCN, September 2025

Dyslexia doesn't go away. But the right support can change everything. I masked my challenges for years. Others shouldn't have to. That's why I speak up now, to show what's possible. To encourage future nurses not to hide, but to seek help and reach their potential.

Nurse burnout-busters: 6 things your employer should do

Nursing Standard, 40, 8, 14-16

Burnout is one of the main reasons nurses quit the register. Here are six ways employers can reduce the risk and protect staff well-being.

[Nurses, AI, and the elephant in the room](#)

RCN, September 2025

Associate Director for International Nursing, Marcus Wootton, explores the current trajectory for AI in health care and argues we might be missing something.

[Nursing and Midwifery Council's principles for advanced practice and their implications for district nursing](#)

British Journal of Community Nursing, September 2025

The NMC Principles for AP were published on 10 June 2025 (NMC, 2025), and represent the first part of the broader sequence of work outlined above to deliver additional regulation. The principles aim to promote best practice, underpinning the development, implementation and evaluation of effective governance for advanced level practice.

What changes will regulation of advanced practice bring?

Mental Health Practice, 28, 5, 6-7

The Nursing and Midwifery Council's principles for advanced practice aim to clarify roles and boost safety, but there are challenges. Regulation of advanced nursing and midwifery practice will have enormous implication for all nurses.